

19 February 2023

TRANSFIGURATION

JESUS IS THE SON OF GOD





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Share your highs and lows, or respond to the following:

- 1. Are you a good listener?
- 2. What is involved in listening carefully to others?



BIBLE READINGS

Read the following Bible readings throughout this week. Talk about what words or phrases stand out for you.

1st reading

2nd reading

Exodus 24:12-18 Ten Commandments 2 Peter 1:16-21

Evewitnesses of his majesty

Gospel reading

Matthew 17:1-9

Jesus shines on a mountain

DISCUSS

When Jesus went to heaven, a voice said, 'Listen to him'. How do you hear Jesus?



ACTION RESPONSE

Consider giving up a household treat food or activity for Lent. Each week put aside the amount of money saved in doing so. At the end of Lent, donate the money to a charitable cause.



PRAYER

Father in heaven, thank you for the gift of your beloved Son. Please open our ears to listen to him and our hearts. to obey him. Amen.



MEALTIME PRAYER

God our provider, you are full of love and full of might. May we shine for you, with faith so bright. Amen.



BLESSING

May the Lord Jesus bring you peace as you look to him, now and always.

FROM THE CLOUD A VOICE SAID, "THIS IS MY OWN DEAR SON, AND I AM PLEASED WITH HIM. LISTEN TO WHAT HE SAYS!"

MATTHEW 17:5



VERSE OF THE WEEK