



Growing FAITH at home

26 February 2023

FIRST SUNDAY
IN LENT

GOD'S WORD
GIVES US
STRENGTH



Grow Ministries
LCA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. What does it mean to be tempted?
2. What helps you make the right decision?



BIBLE READINGS

*Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.*

1st reading

**Genesis 2:15-17;
3:1-7**
The Fall

2nd reading

Romans 5:12-19
Life through Christ

Gospel reading

Matthew 4:1-11
The temptation of Jesus

DISCUSS

How did Jesus respond to the devil's temptations? What can we, as Christians, do to help resist temptation? What can we learn from Jesus' responses?



ACTION RESPONSE

Genesis 2:15 says that God put Adam in the Garden of Eden to 'work it and take care of it.' Volunteer some time as a household to assist a neighbour with their gardening or outside cleaning, or to help maintain your church grounds or a local recreation area.



PRAYER

Lord God, give us courage and strength when we are tempted. Help us to make the right decisions and stay strong in our faith. Amen.



MEALTIME PRAYER

Loving God, thank you for giving us this day and our daily bread. Amen.



BLESSING

May God keep you safe with his life-giving words.

PEOPLE DO NOT LIVE ON BREAD
ALONE, BUT ON EVERY WORD THAT
COMES FROM THE MOUTH OF GOD.

MATTHEW 4:4

VERSE OF THE WEEK